



CAPITAL REGIONAL COUNCIL OF FIGURE SKATING CLUBS
MARYLAND • DISTRICT OF COLUMBIA • VIRGINIA

THIRTY-THIRD ANNUAL CHERRY BLOSSOM INVITATIONAL COMPETITION
FRIDAY, APRIL 15 THROUGH SUNDAY, APRIL 17, 2011
Mt. Vernon Recreation Center, 2017 Belleview Blvd., Alexandria, Virginia
Sanctioned by US FIGURE SKATING

The 2011 Cherry Blossom Invitational introduces a significant expansion in eligibility and competition levels from previous years. The most important changes are the addition of Basic Skills events and No Test through Pre-Juvenile Freeskate events. In addition, the 2011 Cherry Blossom is a participating competition for the new National Solo Dance Competition Series. Accordingly, all entrants are encouraged to read all sections of the announcement carefully.

ELIGIBILITY AND RULES. This competition is open to all qualified eligible skaters who are members in good standing of a Member Club of US Figure Skating, Individual Members of USFS, or Basic Skills members. It will be governed by the rules of US Figure Skating as specified in the 2011 Rule Book and the 2010-11 Basic Skills Competition Manual. The International Judging System (IJS) will be used for all Singles, Pairs, and Dance events Juvenile and higher, and for the Championship, Masters, and Gold levels of Adult Singles, Pairs and Dance. **(Note exception on page 4 for Senior/Junior Compulsory Dance).** Junior and Senior events will **NOT** be subdivided. The "6.0" judging system will be used for all other events. **Accordingly, all IJS Singles, Pairs, Original Dance, and Free Dance competitors are required to submit a Planned Program Content form for all programs entered via the USFS Website Online Event Registration (See page 13 of this application for instructions).** Short program and free skating program events in Senior, Junior, Novice and Intermediate Singles and Senior, Junior, Novice, and Intermediate Pairs are separate events. Where events parallel US Figure Skating qualifying competitions, in addition to the competitor's current free skating, pair or dance test level, he or she may also compete in events one level higher. **Eligibility requirements and the entry form for National Solo Dance Series participants are provided at pages 14 - 17.** If entries in an event are insufficient, entrants will be notified.

ENTRIES. Entries, except for Solo Dance, must be submitted on the **Official Entry Form** (Pages 11 and 12). The **Solo Dance Entry Form** is on Page 17. All entries must be postmarked no later than **Midnight Friday, March 11, 2011.** **Payment of fees must be sent with the Entry Form.** Checks should be made payable to:

CAPITAL REGIONAL COUNCIL or CRC

and mailed to **Rika Albright, Cherry Blossom Registration Chairman, 435 South Lee St., Alexandria, VA 22314.**

ENTRY FEES.

Singles:	IJS Events - 1st event entered \$110, 2nd and subsequent events \$70 6.0 Events - \$75 per event.
Pairs:	IJS Events - 1st event entered \$110; 2nd and subsequent \$70, per couple. 6.0 Events - \$75 per event, per couple
Dance:	IJS Events - 1st event entered \$110; 2nd and subsequent events \$70, per couple 6.0 Events - 1st event entered \$90; 2nd and subsequent events \$45, per couple
Moves/Spins:	\$40 per event
Interpretive/Artistic:	\$40 per event
Basic Skills:	\$1st event entered \$50, 2nd and subsequent events \$25
Solo Dance:	\$60 per event

here will be NO REFUNDS after March 11, 2011, in accordance with 2011 US Figure Skating Rules (§3235), and no refunds will be made because of competition cancellation due to acts of God. A fee of \$25.00 will be charged for every check returned because of insufficient funds.

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INQUIRIES may be made to Mrs. Dorothy Dodson, CRC Competition Chairman, at 703-370-5959 or Wdodson@comcast.net or Rika Albright, at 703-683-4169.

SCHEDULE OF EVENTS & PRACTICE ICE INFORMATION. A tentative schedule of events and individual group assignments will be posted on the CRC website: www.crcskating.org approximately two weeks before the start of competition. Do not enclose a stamped, self-addressed business envelope with your application.

MUSIC – Music will be accepted on CD's only. Due to compatibility and reliability issues, **DO NOT** submit re-recordable "CD-RW" discs. CD's must be labeled to show name of competitor and event. **All music CD's must contain only one program track per CD**, i.e., one CD for the Short Program and second CD for the Free Program. Competitors **MUST HAVE A DUPLICATE CD** with them available at rinkside. Music must be picked up at the Registration Desk upon completion of the event. CRC assumes NO responsibility for CD's unclaimed by the end of the competition.

REGISTRATION – The Registration Desk will be open throughout the competition. Competitors should register promptly upon arrival. Badges for each competitor and a chaperone/escort will be found in the registration packet. Please provide the full names of chaperone/escort on the Official Entry Form. Badges for coaches will be provided separately.

AWARDS – Medals for 1st, 2nd, 3rd and 4th places will be awarded for each event.

FINAL ROUND – A Final Round will be held in Novice, Intermediate, and Juvenile Free Skating singles, providing there are enough entries to subdivide the class in accordance with the 2011 US Figure Skating Rule Book. The Final Rounds will be in accordance with the 2011 US Figure Skating Rule Book.

RINK DESCRIPTION – The Mt. Vernon Recreation Center is located in Fairfax County, adjacent to the City of Alexandria, just south of the Capital Beltway, Interstate 95, Exit 177A, US Rte. 1 South. The ice surface is 85 X 200 feet, with rounded corners, barrier and seating for 600 spectators. The sports complex facility has a warming room, lockers, dressing rooms and an indoor swimming pool. There is ample parking on the premises.

PRACTICE TIME – Practice time during the competition will be determined after the close of entries. Practice time will be assigned on a "first come, first served" basis on the day of the sessions; payment will be due at that time. Competitors may choose to make use of weekday public sessions, which are typically not crowded at these rinks: **Fairfax Ice Arena** (703-323-1132), **SkateQuest Reston Ice Center** (703-709-1010), **Ashburn Ice House** (703-858-0300), **Cabin John Ice Rink** (301-765-8620).

ADMISSION – A ticket is required for general admission to all events each day. The ticket price will be \$7.00 per day, \$15.00 All-Event, children under 6 years free. **Remember: Each competitor receives one complimentary chaperone all-event pass and one complimentary competitor's all-event pass in their packet.**

LODGING & ACCOMODATIONS – There are many motels within reasonable driving distance of Mt. Vernon Recreation Center. It is also within minutes of Washington Reagan National Airport. April marks the beginning of the spring tourist season in the Washington area. Accommodations not secured in advance may be difficult to obtain without some inconvenience in terms of travel time and distance. Advance reservations can generally be secured with one night's deposit or a major credit card number. A list of hotels/motels within a 10-20 minute drive of the rink is provided on **page 13** of this application. Many offer free shuttle service to and from Washington Reagan National Airport. Please deal directly with the hotel in making your lodging arrangements.

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EVENT COMPOSITION AND REQUIREMENTS

FREE SKATING EVENTS All events will consist of required elements for the year 2010-2011 per the 2011 Rulebook.

SINGLES: See Rules 3610, 3616, 3620-3621, 3630-3634

LEVEL	QUALIFICATIONS	TIME (min:sec)	
		SHORT PROG	LONG PROG
Senior (IJS)	Rules 3640 - 3643	2:50 maximum 2:50 maximum	Ladies 4:00 ± 10 sec. Men 4:30 ± 10 sec.
Junior (IJS)	Rules 3650 - 3653	2:50 maximum 2:50 maximum	Ladies 3:30 ± 10 sec. Men 4:00 ± 10 sec.
Novice (IJS)	Rules 3660 – 3663	2:30 maximum 2:30 maximum	Ladies 3:00 ± 10 sec. Men 3:30 ± 10 sec.
Intermediate (IJS)	Rules 3670 – 3672	2:00 maximum	2:30 ± 10 sec.
Juvenile (IJS)	Rules 3680 - 3681		2:15 ± 10 sec.
Pre-Juvenile (6.0)	Rules 3690 - 3691		2:00 ± 10 sec.
Preliminary (6.0)	Rules 3700 - 3701		1:30 ± 10 sec.
Pre-Preliminary (6.0)	Rules 3710 - 3711		1:30 ± 10 sec.
No Test (6.0)	Rules 3720 - 3721		1:00 to 1:30 ± 10 sec.
Adult Gold (IJS)	Rules 3730, 3780 - 3781	Not to exceed 2:40	
Adult Silver (6.0)	Rules 3730, 3790 - 3791	Not to exceed 2:10	
Adult Bronze (6.0)	Rules 3730, 3800 – 3801	Not to exceed 1:50	

PAIRS: See Rules 4020-4022, 4030-4033, 4110

LEVEL	QUALIFICATIONS	TIME(min:sec)	
		SHORT PROG	LONG PROG
Senior (IJS)	Rules 4040, 4041 Group B, 4042	2:50 maximum	4:30 ± 10 sec.
Junior (IJS)	Rules 4050, 4051 Group B, 4052	2:50 maximum	4:00 ± 10 sec..
Novice (IJS)	Rules 4060, 4061 Group B, 4062	2:50 maximum	3:30 ± 10 sec..
Intermediate (IJS)	Rules 4070, 4071		3:00 ± 10 sec..
Juvenile (IJS)	Rules 4080, 4081		2:30 ± 10 sec..
Adult Masters (IJS)	Rules 4115 - 4116		3:40 maximum
Adult Gold (IJS)	Rules 4120 - 4121		3:40 maximum
Adult Silver (6.0)	Rules 4122 - 4123		2:40 maximum
Adult Bronze (6.0)	Rules 4124 - 4125		2:10 maximum

THIRTY-THIRD ANNUAL CHERRY BLOSSOM INVITATIONAL COMPETITION

DANCE EVENTS – Dance events will be conducted according to the 2011 US Figure Skating Rule Book. Compulsory Dances, Short Dance, and Free Dance are separate events.

COMPULSORY DANCE EVENTS The Compulsory Dances for Senior and Junior are taken from those for the Gold (TR 49.07) and Pre-Gold Dance Tests (TR 49.06), respectively, and for all other levels from the dances prescribed for the 2011-2012 season. (See Rules 4204, 4211-4223, 4231-4235, 4251 for all levels)

Level	Qualification and Requirements	Dance(s)
Senior (6.0)	Rule 4300	Viennese Waltz, Argentine Tango
Junior (6.0)	Rule 4400	Paso Doble, Starlight Waltz
Novice (IJS)	Rule 4410, 4412 Group B	Argentine Tango, Kilian
Intermediate (IJS)	Rule 4420, 4422 Group A	Tango, Foxtrot
Juvenile (IJS)	Rule 4430, 4432 Group A	Fourteenstep, Ten Fox
Pre-Juvenile (6.0)	Rule 4440, 4442 Group A	Cha Cha, Rhythm Blues
Adult Championship (IJS)	Rules 4451, 4460, 4461 Group 2	Paso Doble, Starlight Waltz
Adult Gold (IJS)	Rules 4451, 4470, 4471 Group 2	Kilian, Starlight Waltz
Adult Pre-Gold (6.0)	Rules 4451, 4480, 4481 Group 2	American Waltz, Paso Doble
Adult Silver (6.0)	Rules 4451, 4491, 4492 Group 3	Tango, Blues
Adult Pre-Silver (6.0)	Rules 4451, 4495, 4496 Group 1	Foxtrot, American Waltz
Adult Bronze (6.0)	Rules 4451, 4500, 4501 Group 1	Cha Cha, Fourteenstep
Adult Pre-Bronze (6.0)	Rules 4451, 4505, 4506 Group 1	Cha Cha, Rhythm Blues
Centennial (6.0)	Rules 4451, 4510, 4511, Group 3	Fourteenstep, Tango

SHORT DANCE See Rules 4260 – 4263 Note that Short Dance rules are prescribed only for 2010 -2011.

Level	Qualification and Requirements	Dance(s)	Duration (min:sec)
Senior (IJS)	Rule 4311	Golden Waltz	2:50 ± 10 sec
Junior (IJS)	Rule 4404	Viennese Waltz	2:50 ± 10 sec

FREE DANCE See Rules 4270 – 4272. Note that Free Dance rules are prescribed only for 2010 -2011. Per Rule 4320; will be divided by level

Level	Qualification and Requirements	Duration (min:sec)
Senior (IJS)	Rule 4322	4:00 ± 10 sec
Junior (IJS)	Rule 4407	3:30 ± 10 sec
Novice (IJS)	Rule 4415	3:00 ± 10 sec
Intermediate (IJS)	Rule 4425	2:30 ± 10 sec
Juvenile (IJS)	Rule 4435	2:15 ± 10 sec

COMPULSORY MOVES EVENTS

Compulsory Moves Events for skaters who have passed the Pre-Preliminary Freeskate or higher may be skated at the same level or one level up from their Free Skate level Age requirements are the same as for Freeskating levels. For all classes, the moves may be skated in any order. Moves in the Field elements should be recognizable and may be used as connecting moves. It is not necessary to do as many Moves in the Field repetitions as are required in the tests.

NO TEST- A program of 1 minute or less, skated without music on one-half the ice surface.

1. Toe Loop
2. Salchow
3. Waltz Jump
4. Forward Right & Left Spirals
5. One Foot Spin (Minimum 3 Revolutions)

PRE-PRELIMINARY - A program of 1 minute or less, skated without music on one-half the ice surface

1. Loop Jump
2. Salchow
3. Jump Combination Of Waltz Jump/Toe Loop
4. Forward To Back Spiral
5. Camel Spin (Minimum 3 Revolutions)

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PRELIMINARY – A program of 1-1 1/2 minutes or less, without music on one-half the ice surface.

1. Forward Power 3 Turns
2. Waltz Jump/Toe Loop Jump Combination (No Turn Or Step Between)
3. Consecutive Outside & Inside Spirals
4. Flipjump
5. Sit Spin (Minimum 3 Revolutions In The Sit Position)
6. Alternating Forward 3 Turns (**Do not do this on a line...use as connecting steps**)

PRE-JUVENILE – A program of 1-1 1/2 minutes or less, without music on one-half the ice surface.

1. Flip-Loop Jump Combination (No Turn Or Step Between)
2. Forward & Backward Power Change Of Edge Pulls
3. 5 Step Mohawk Sequence
4. Lutz Jump
5. Combination Spin: Camel To Sit (No Change Of Foot, Minimum 6 Revolutions)
6. 3 Turns In The Field
7. Front Scratch To Back Scratch (exit on spinning foot, minimum 4 revolutions on each foot)

JUVENILE - A program of 1½ minutes or less, without music, on full ice surface.

1. Axel
2. Lutz Jump
3. Jump Combination – 2 Single Jumps (No Turn Or Change Of Foot Between)
4. Sit Spin (Minimum 4 Revolutions In Sit Position)
5. Combination Spin – (With 1 Change Of Foot & 4 Revolutions On Each Foot)
6. Any Spiral
7. 8 Step Mohawk Sequence
8. Forward Double 3 Turns (Outer And Inner)
9. Backward Power 3 Turns

SPINS EVENTS

Spin Events for skaters who have passed the Pre-Preliminary Freeskate or higher, may be skated at the same level or one level up from their Free Skate level. Age requirements are the same as for Freeskating levels. For all classes, the spins may be skated in any order.

NO TEST, PRE-PRELIMINARY – A program of 1 minute or less, skated without music on one-half the ice surface with connecting moves.

1. 2 foot spin – minimum of 3 revolutions
2. 1 foot spin – minimum of 3 revolutions
3. Sit Spin – minimum of 3 revolutions in the sitting position

PRELIMINARY – A program of 1 minute or less, without music on one-half the ice surface with connecting moves.

1. Camel Spin – minimum of 3 revolutions
2. Sit Spin – minimum of 3 revolutions in the sitting position
3. Scratch Spin – minimum of 3 revolutions

PRE-JUVENILE, JUVENILE – A program of 1 minute or less, without music on one-half the ice surface with connecting moves.

1. Flying Spin – minimum of 4 revolutions
2. Sit change Sit – minimum of 4 revolutions
3. Combination Spin with one change of foot and 2 changes of position – minimum of 4 revolutions on each foot

INTERMEDIATE – A program of 1 minute or less, without music on one-half the ice surface with connecting moves

1. Flying Spin – minimum of 5 revolutions
2. Combination Spin with one change of foot and 2 changes of position – minimum of 5 revolutions on each foot
3. One spin of choice – minimum of 5 revolutions

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ARTISTC / INTERPRETIVE EVENTS –

A program of the skater's own music to show off creative and expressive skills. The intent of the performance is to “tell the story” of the music selected. Use of skating skills, choreography, and appropriate costumes should be directed toward “telling the story”. No props (except hand-held) are permitted on the ice. Male skaters may be combined with female skaters for this event.

Level	Test/Age Requirements	Max Duration
Pre-Preliminary/Preliminary	PrePre through Prelim Free and/or Prelim Dance	1:40
Pre-Juvenile/Juvenile	Pre-Juvenile through Juvenile Free and/or Bronze Dance	2:10
Intermediate/Novice	Intermediate through Novice Free and/or Silver Dance	2:10
Junior/Senior	Junior through Senior and/or Gold Dance	3:10
Adult Interpretive	Qualified for Adult Pre-Bronze through Adult Silver FS or passed Pre-Bronze Dance, but no higher.	1:40
Masters Interpretive	Qualified for Adult Gold or any Masters FS or Pair event, or passed one adult or standard Silver dance	1:40

BASIC SKILLS EVENTS. Basic Skills Events will be conducted in accordance with the USFS 2010-2011 Basic Skills Competition Manual.

ELIGIBILITY RULES FOR PARTICIPANTS: The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/club or any other Basic Skills Program/club.

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

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BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

Format: Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) **OR** will perform each element when directed by a judge or referee.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

<p>Snowplow Sam - Tots:</p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 4-6 consecutive in both directions 3. Basic one foot spin – free leg held to side of spinning leg - minimum of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside 3-turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line, 2-3 each foot 3. Two foot turn in place - forward to backward 4. Backward two foot swizzles, 6 - 8 in a row 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4 -6 consecutive 3. Backward one foot glide - either foot 4. Forward slalom 5. Two foot spin – minimum 3 revolutions- 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns - R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Standstill forward outside 3 turn - R & L 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers - 4-6 consecutive both directions 4. Backward stroking – 4-6 strokes 5. Backward snowplow stop - R or L 	

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BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed

- To be skated on full ice
- Time: 1:00 +/- 10 seconds
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level

<p><u>Snowplow Sam:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward crossovers - 4-6 consecutive in both directions 2. Basic one foot spin - free leg held to side of spinning leg - minimum of three revolutions 3. Side toe hop - either direction 4. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles - 6-8 in a row 3. Backward wiggles - 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside 3-turn from - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles - 6-8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position - clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4 -6 consecutive 3. Backward one foot glide – either foot 4. Forward slalom 5. Two foot spin – minimum 3 revolutions 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns - R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover, and step to a forward inside edge 5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward crossovers 4-6 consecutive both directions 2. Standstill forward outside 3 turn - R & L 3. Backward stroking 4. Backward snowplow stop - R or L 	

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FREE SKATE 1-6 COMPULSORY EVENT

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

<p><u>Free skate level 1 Compulsory</u></p> <ol style="list-style-type: none"> 1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside 3. One foot upright scratch spin from backward crossovers – minimum 3 revolutions 4. Waltz jump from backward crossovers 5. Half flip jump 	<p><u>Free skate level 4 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive sets - R or L 2. Sit spin – minimum 3 revolutions 3. Loop jump 4. Waltz jump/loop jump
<p><u>Free skate level 2 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward outside or inside spiral - R or L 2. Waltz Three's - R or L, 2-3 sets 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump 	<p><u>Free skate level 5 Compulsory</u></p> <ol style="list-style-type: none"> 1. Camel spin- minimum three revolutions 2. Forward upright spin to back upright spin – minimum three revolutions, each foot 3. Loop/loop jump 4. Flip jump
<p><u>Free skate level 3 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls, 4 - 6 consecutive 3. Back spin - minimum three revolutions 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop 	<p><u>Free skate level 6 Compulsory</u></p> <ol style="list-style-type: none"> 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 2. Camel, sit spin combination - minimum of 4 revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump

THIRTY-THIRD ANNUAL CHERRY BLOSSOM INVITATIONAL COMPETITION

FREE SKATE 1-6 PROGRAM EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Free skate 1	Free skate 4
<ol style="list-style-type: none"> 1. Advanced forward stroking 4-6 strokes 2. One-foot upright scratch spin from back crossovers – minimum 3 revolutions 3. Waltz jump from back crossovers 4. Half flip jump 	<ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive, R or L 2. Sit spin – minimum 3 revolutions 3. Loop jump 4. Waltz jump/loop jump
Free skate 2	Free skate 5
<ol style="list-style-type: none"> 1. Forward outside spiral, R or L 2. Beginning back spin 3. Waltz jump, side toe hop, waltz jump 4. Toe loop 	<ol style="list-style-type: none"> 1. Camel spin - minimum three revolutions 2. Forward upright spin to back upright spin - minimum three revolutions each foot 3. Loop/loop combination jump 4. Flip jump
Free skate 3	Free skate 6
<ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Back spin - minimum three revolutions 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop 	<ol style="list-style-type: none"> 1. Camel/sit spin combination, minimum of 4 revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination 4. Lutz jump

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ENTRY FORM

Thirty-third Cherry Blossom Invitational
April 15 April 17, 2011
Mt. Vernon Recreation Center, Alexandria, Virginia
PLEASE TYPE OR PRINT LEGIBLY

NAME _____ Home Club _____ USFS # _____ (Required)

Last First MI

Address _____

No. Street City State Zip

Phone (____) _____ - _____ Birth Date (Mon/Day/Yr) ___/___/_____ Age _____ Female _____ Male _____

E-Mail Address: _____

Parents Name (If under age 18) _____ Phone (____) _____

Pair And/Or Dance Partner (Separate applications for each person are required).

1. Name _____ Home Club _____ USFS # _____

Last First MI

Birthdate (Mon/Day/Yr) ___/___/_____ AGE _____ EVENT _____

2. Name _____ Home Club _____ USFS # _____

Last First MI

Birthdate (Mon/Day/Yr) ___/___/_____ AGE _____ EVENT _____

TEST STATUS CERTIFICATION AS OF MARCH 11, 2011

HIGHEST TESTS PASSED

Moves In The Field _____ Pair Test _____ Your Partner _____

Free Skating Test _____ Dance Test _____ Your Partner _____

Placement in Final Round 2010 REGIONAL Competition _____

Placement in Final Round 2010 SECTIONAL Competition _____

Full Name/s and Address(es) of Professional(s):

Name _____

Name _____

Address _____

Address _____

City/State/ZIP _____

City/State/ZIP _____

Phone (____) _____ E-mail _____

Phone (____) _____ E-mail _____

____ I am in compliance with Coaches Registration rule requirements

____ I am in compliance with Coaches Registration rule requirements

CERTIFICATION BY HOME CLUB OFFICER: I hereby approve the entry of _____ and certify that he/she (1) is a member of the Club in good standing, (2) to the best of my knowledge is eligible to enter the specified event(s), and (3) is eligible in accordance with the rules of the USFS.

Signature of CLUB OFFICER

Print Name of Club and TITLE

ACCIDENTS - The USFS and the Clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians, and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by, or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against the USFS, the club or organization hosting the competition, or its Officers, and their entries shall be accepted only on such condition.

Skater's Signature

Parent's Signature (only if Skater is under 18)

(ENTRY FORM CONTINUES ON NEXT PAGE)

THIRTY-THIRD ANNUAL CHERRY BLOSSOM INVITATIONAL COMPETITION

(ENTRY FORM PAGE 2)

CHECK ALL EVENTS YOU ARE ENTERING

SINGLES **M** **F** _____

Short	Long
Senior (IJS) _____	_____
Junior (IJS) _____	_____
Novice (IJS) _____	_____
Intermediate (IJS) _____	_____
Juvenile (IJS) _____	_____
Pre-Juvenile (6.0) _____	_____
Preliminary (6.0) _____	_____
Pre-Preliminary (6.0) _____	_____
No Test (6.0) _____	_____
Adult Gold (IJS) _____	_____
Adult Silver (6.0) _____	_____
Adult Bronze (6.0) _____	_____

COMPULSORY DANCES

Senior (6.0) _____	_____
Junior (6.0) _____	_____
Novice (IJS) _____	_____
Intermediate (IJS) _____	_____
Juvenile (IJS) _____	_____
Pre-Juvenile _____	_____
Adult Championship (IJS) _____	_____
Adult Gold (IJS) _____	_____
Adult Pre-Gold (6.0) _____	_____
Adult Silver (6.0) _____	_____
Adult Pre-Silver (6.0) _____	_____
Adult Bronze (6.0) _____	_____
Adult Pre-Bronze (6.0) _____	_____
Adult Centennial (6.0) _____	_____

PAIRS

Senior (IJS) _____	_____
Junior (IJS) _____	_____
Novice (IJS) _____	_____
Intermediate (IJS) _____	_____
Juvenile (IJS) _____	_____
Adult Masters (IJS) _____	_____
Adult Gold (IJS) _____	_____
Adult Silver (6.0) _____	_____
Adult Bronze (6.0) _____	_____

ORIGINAL DANCE

Senior (IJS) _____	_____
Junior (IJS) _____	_____

FREE DANCE

Senior (IJS) _____	_____
Junior (IJS) _____	_____
Novice (IJS) _____	_____
Intermediate (IJS) _____	_____
Juvenile (IJS) _____	_____

MOVES (6.0)

No Test/Pre-Prelim _____	_____
Preliminary _____	_____
Pre-Juvenile/Juvenile _____	_____
Intermediate/Novice _____	_____

SPINS (6.0)

No Test/Pre-Prelim _____	_____
Preliminary _____	_____
Pre-Juvenile/Juvenile _____	_____
Intermediate/Novice _____	_____

ARTISTIC / INTERPRETIVE (6.0)

Pre-Preliminary/Preliminary _____	_____
Pre-Juvenile/Juvenile _____	_____
Intermediate/Novice _____	_____
Junior/Senior _____	_____
Adult Interpretive _____	_____
Masters Interpretive _____	_____

BASIC SKILLS

**BASIC ELEMENTS EVENTS
SNOWPLOW SAM – BASIC 8**

Tots _____	_____
Basic 1 _____	_____
Basic 2 _____	_____
Basic 3 _____	_____
Basic 4 _____	_____
Basic 5 _____	_____
Basic 6 _____	_____
Basic 7 _____	_____
Basic 8 _____	_____

**BASIC PROGRAM EVENTS:
SNOWPLOW SAM – BASIC 8 C**

Tots _____	_____
Basic 1 _____	_____
Basic 2 _____	_____
Basic 3 _____	_____
Basic 4 _____	_____
Basic 5 _____	_____
Basic 6 _____	_____
Basic 7 _____	_____
Basic 8 _____	_____

**FREE SKATE 1-6
COMPULSORY EVENT**

Free Skate 1 _____	_____
Free Skate 1 _____	_____
Free Skate 1 _____	_____
Free Skate 1 _____	_____
Free Skate 1 _____	_____
Free Skate 1 _____	_____

**FREE SKATE 1-6
MUSIC EVENT**

Free Skate 1 _____	_____
Free Skate 1 _____	_____
Free Skate 1 _____	_____
Free Skate 1 _____	_____
Free Skate 1 _____	_____
Free Skate 1 _____	_____

- | | |
|---|--|
| 1. First IJS Event _____ \$ _____ | 3. First 6.0 Event _____ \$ _____ |
| 2. Additional IJS Events _____ X \$70 = \$ _____ | 4. Additional 6.0 Events _____ X \$70 = \$ _____ |
| 5. First Basic Skills Event _____ \$ _____ | 7. Total Moves/Spins/Artistic/Interpretive _____ X \$40 = \$ _____ |
| 6. Additional Basic Skills Events _____ X \$25 = \$ _____ | |

TOTAL FEES (1+2+3+4+5+6+7): \$ _____

Please indicate if your partner's Fees are included w/partner's Entry Form. _____

MAKE PAYMENT BY CHECK ONLY, PAYABLE TO: CAPITAL REGIONAL COUNCIL or CRC

Application must be POSTMARKED by Midnight, Friday, MARCH 11, 2011.

Send application and check to:

**Rika Albright
435 South Lee St.
Alexandria, VA 22314**

THIRTY-THIRD ANNUAL CHERRY BLOSSOM INVITATIONAL COMPETITION

Planned Program Content (Required for All IJS Events, Singles, Pairs, Original Dance, Free Dance)

For IJS events, complete the Planned Program Element form online at <http://www.usfigureskating.org>. This form can be found in the Members Only section of the US Figure Skating website. Go to **online event registration > event manager > program content > 4/15/11 33rd Annual Cherry Blossom Invitational Competition > add new form.**

Planned Program Element forms must be completed by 4/05/11.

Driving Directions To the Competition:

Mount Vernon RECenter, 2017 Belle View Blvd., Alexandria, Virginia, 703-768-3224

Mount Vernon RECenter can be reached by taking I-95/I-495 (Capital Beltway) Exit 177A, which is US Route 1 (Richmond Highway) south. Turn left at the second light onto Huntington Avenue. Follow Huntington Avenue to the traffic light and turn right onto Fort Hunt Road. Follow Fort Hunt Road to second light and turn right onto Belle View Boulevard. The entrance to the recreation center will be the next left. **SEE ALSO** <http://www.fairfaxcounty.gov/parks/maps/mtvernonmap.htm>

The following hotels/motels are within easy driving distance of the rink

Days Inn Alexandria South	6100 Richmond Highway, Alexandria, VA 22303 (I 95 Exit 177A) 703-329-0500, 800-329-7466
Red Roof Inn	5975 Richmond Highway, Alexandria, VA 22303 (I 95 Exit 177A) 703-960-5200 or 800-733-7663.m
Hilton Alexandria Old Town	1767 King Street, Alexandria VA 22314, across from King Street Metro Station. (I 95 Exit 177B), 703-837-0440.
Hampton Inn and Suites	5821 Richmond Highway, Alexandria, VA 22303 (I 95 Exit 177A), 703-329-1400 or 800- HAMPTON.
Hotel Monaco	480 King St., Alexandria, VA 22314 (I 95 Exit 177B) 703-549-6080 or 800-369-5047
Holiday Inn Hotel & Suites	625 First St., Alexandria, VA 22314 (I 95 Exit 177B), 703-548-6300 or 800-HOLIDAY
Crowne Plaza Hotel Old Town	901 North Fairfax St., Alexandria, VA 22314 (I 95 Exit 177B) 703-683-600 or 1-877-860-1366;
Courtyard by Marriott	2700 Eisenhower Ave. Alexandria, VA 22314 (I 95 & Exit 174, Eisenhower Connector). Turn right & go 1½ mile. 703-329-2323 or 800-321-2211.
Embassy Suites	1900 Diagonal Road, Alexandria, VA 22314 (I 95 Exit 177B) 703-684-5900 or 800-EMBASSY.
Sheraton Suites	801 North St. Asaph St., Alexandria, VA 22314 (I 95 Exit 177B) 703-836-4700 or 800-325-3535

National Solo Dance Competition Series

Eligibility:

Test requirements must be met at the date entries are closed. Subsequent changes will not affect eligibility. Events are open to eligible or reinstated persons and the members of other governing bodies which are members of ISU. All skaters must either compete at their test level or one level above of their highest completed dance test. The determination of level will be based upon test level at the entry deadline**. The test level is determined by a skater completing all of the dance tests within that level. Skaters may not change levels once the deadline has passed and/or their individual form is submitted to U.S. Figure Skating.

*** Test level may be either standard or solo dance. Adult dance, adult solo dance, master's dance and master's solo dance do not fulfill the testing requirements for this event.*

Judging:

Performance will be judged using the 6.0 judging system with two marks given for each performance.

Events:

Preliminary*	Pre- Bronze*	Bronze*	Pre-Silver*	Silver*	Pre-Gold*	Gold*
Canasta Tango	Swing	Willow Waltz	Fourteen - step	American Waltz	Paso Doble	Westminster Waltz
Rhythm Blues	Fiesta Tango	Ten Fox	Foxtrot	Silver Tango	Starlight Waltz	Argentine Tango

Testing Requirements:

All skaters must compete at the level of their most recently completed dances test* as of the entry deadline or skaters may compete one level above their current test level. **Note: Skaters may NOT change their levels during the March 1st – August 15th competitive season.**

* Completed dance tests may be either standard or solo dance. Adult dance, adult solo dance, masters dance and masters solo dance do not fulfill the testing requirements for this event.

Officials:

Officials will be chosen from both competition and test level judges.

How it works:

1. Skaters' top results from three of the selected non-qualifying competitions in their section or two competitions within their section and one competition outside of their section. Their placements will be tracked throughout the Solo Dance competitive season. (Skaters may compete at more than three events, but only the top three scores will count toward total points.) In order for a skater to advance, he/she must compete in at least two of the specified solo dance competitions within their section.)
2. The six skaters with the top points in each division and section will advance to the National Solo Dance Championships in Colorado Springs, Colorado.

Solo Dance Competitions Point Calculation Chart

1 skater

Dances/ Placement	Preliminary	Pre-Bronze	Bronze	Pre-Silver	Silver	Pre-Gold	Gold
	Dutch Waltz, Canasta Tango, Rhythm Blues	Swing Dance, Cha-Cha, Fiesta Tango	Hickory Hoedown, Willow Waltz, Ten Fox	14 step, European Waltz, Foxtrot	American Waltz, Tango, Rocker Foxtrot	Killian, Blues, Paso Doble, Starlight Waltz	Viennese Waltz, Westminster Waltz, Quickstep, Argentine Tango
1 st	2	3	4	5	6	7	8

2 – 4 skaters

Dances/ Placement	Preliminary	Pre-Bronze	Bronze	Pre-Silver	Silver	Pre-Gold	Gold
	Dutch Waltz, Canasta Tango, Rhythm Blues	Swing Dance, Cha-Cha, Fiesta Tango	Hickory Hoedown, Willow Waltz, Ten Fox	14 step, European Waltz, Foxtrot	American Waltz, Tango, Rocker Foxtrot	Killian, Blues, Paso Doble, Starlight Waltz	Viennese Waltz, Westminster Waltz, Quickstep, Argentine Tango
1 st	6	7	8	9	10	11	12
2 nd	5	6	7	8	9	10	11
3 rd	4	5	6	7	8	9	10
4 th	3	4	5	6	7	8	9

5 + skaters

Dances/ Placement	Preliminary	Pre-Bronze	Bronze	Pre-Silver	Silver	Pre-Gold	Gold
	Dutch Waltz, Canasta Tango, Rhythm Blues	Swing Dance, Cha-Cha, Fiesta Tango	Hickory Hoedown, Willow Waltz, Ten Fox	14 step, European Waltz, Foxtrot	American Waltz, Tango, Rocker Foxtrot	Killian, Blues, Paso Doble, Starlight Waltz	Viennese Waltz, Westminster Waltz, Quickstep, Argentine Tango
1 st	8	9	10	11	12	13	14
2 nd	7	8	9	10	11	12	13
3 rd	6	7	8	9	10	11	12
4 th	5	6	7	8	9	10	11
5 th	4	5	6	7	8	9	10
6 th	3	4	5	6	7	8	9
7 th	2	3	4	5	6	7	8
8 th	1	2	3	4	5	6	7

THIRTY-THIRD ANNUAL CHERRY BLOSSOM INVITATIONAL COMPETITION

National Solo Dance Championships:

Top six skaters from each section in each level (preliminary, pre-bronze, bronze, pre-silver, silver, pre-gold and gold) will advance to the National Solo Dance Championships. This will allow for an overall total of 18 skaters in each level at the National Solo Dance Championships.

Each level will be split into two qualifying rounds with the skaters competing two dances within their level. The athletes finishing in the top four in each qualifying round will advance to the Championship round where they will compete the final dance(s).

The skaters' placement in the championship round only will determine their final placements overall.

**Solo Dance Series
Standard Competition Entry Form**

Solo Dance:

****This event is a part of U.S. Figure Skating's National Solo Dance Series. If you are not a registered U.S. Figure Skating Solo Dance Series participant for this season, you may still compete in this event.****

Please Check One	Level	Fees	Dances (Number of patterns will be in accordance to the current rulebook)	Testing Requirement
	Preliminary	\$60.00	1. Canasta Tango 2. Rhythm Blues	No test or passed Preliminary
	Pre- Bronze	\$60.00	1. Swing 2. Fiesta Tango	Passed Preliminary or Pre-Bronze
	Bronze	\$60.00	1. Willow Waltz 2. Ten Fox	Passed Pre-Bronze or Bronze
	Pre-Silver	\$60.00	1. Fourteen -step 2. Foxtrot	Passed Bronze or Pre-Silver
	Silver	\$60.00	1. American Waltz 2. Silver Tango	Passed Pre-Silver or Silver
	Pre-Gold	\$60.00	1. Paso Doble 2. Starlight Waltz	Passed Silver or Pre-Gold
	Gold	\$60.00	1. Westminster Waltz 2. Argentine Tango	Passed Pre-Gold or Gold

Total Fees for Solo Dance Series Events (Number of events checked x \$60) \$ _____

Are you a registered participant in the 2010-2011 U.S. Figure Skating Solo Dance Series?

- Yes, my Solo Dance Series Registration # is _____
 No

Note: Skaters registered for the Solo Dance Series must compete at their registered level for the entire Solo Dance Series season or your points will not count for this competition.

Determining Placement:

The chief referee has selected two dances at random that skaters will compete at this event. A combined score for the event will determine the final placement for the event. Skaters must compete in both dances.



CHERRY BLOSSOM INVITATIONAL COMPETITION
April 15 - 17, 2011

Dear Cherry Blossom Competitor and Supporter,

The Cherry Blossom Invitational Figure Skating Competition will host approximately 400 skaters, who will be accompanied by their professionals and family members. This year we are offering the competitors, their clubs, friends and family the opportunity to congratulate and wish their competitor's good luck and best wishes in the competition by taking an ad in the program.

Please select your ad size:

- | | | | |
|----|--------------------------|---|----------|
| 1. | FULL PAGE (8 1/2" x 11") | - | \$100.00 |
| 2. | HALF PAGE | - | \$ 60.00 |
| 3. | QUARTER PAGE | - | \$ 35.00 |
| 4. | CONGRATS per LINE | - | \$ 5.00 |

Please e-mail your picture ready copy to: tandejerrick@verizon.net or Wdodson@comcast.net and send your check in the appropriate amount, payable to **Capital Regional Council** to:

Tom Jerrick
1797 Regents Park Road
Crofton, MD 21114

or Dorothy Dodson
4150 Lawrence Ave
Seminary P.O.
Alexandria, VA 22304